

## Leadership Resources, Research-Based Soft Skills Learning

### Course Specifications

Course Number: AOB76–012\_rev1.0

Course Length: 4h 15min

Today's leaders must be adaptable, emotionally intelligent, and equipped to guide teams through constant change—especially in hybrid environments. This Leadership Resources collection brings together essential skills from trusted learning materials into one powerful development journey. From strengthening self-leadership and hybrid collaboration to navigating unpredictability with confidence, leaders will learn to create meaningful work experiences, foster a positive atmosphere, and solve complex challenges with empathy and clarity. By deepening self-awareness, promoting psychological safety, and adopting a coaching approach, this programme empowers leaders to inspire growth, enhance team performance, and lead their work communities into the future with purpose and impact.

### Leadership Resources Tutorial package includes the following tutorials

#### Hybrid Work – Self-leadership at Work, Smart-Tutorial (1h)

This is the first tutorial of the Succeed in Hybrid Work online course. We will introduce you to the core principles of leading your own work and working smoothly. This training will encourage you to consider your concentration skills and time-management skills and recognize the best work environments for different work tasks.

#### Hybrid Work – Cooperation and Accomplishment, Smart-Tutorial (2h)

Good interaction builds a sense of community, which is crucial in hybrid work! This is the second tutorial of the Succeed in Hybrid Work online course. We offer you the best practices of hybrid work to help you and your team succeed in multi-location work. You will learn the factors that increase your team's ability to advance things.

#### Hybrid Work – Unpredictability and Difficult Situations, Smart-Tutorial (45 min)

This is the third and last tutorial of the Succeed in Hybrid Work online course. This training lets you develop your ability to act in hybrid work and in an ever-changing world by improving your resilience. You will learn practical tips on how to have these difficult conversations online, and to understand and process emotions in tough situations.

#### Leader's Future Skills: Leader's Sense of Meaningfulness and Continuous Learning, Smart-Tutorial (30 min)

How meaningful is your work? On an individual level, meaningful work promotes better job satisfaction, motivation, and occupational health. What part does leadership play in the sense of meaningfulness? In this tutorial, you'll develop your own attitudes and your sense of meaningfulness, as well as the ability to encounter others around you and be yourself.

#### Leader's Future Skills: Leader's Impact on the Atmosphere, Smart-Tutorial (45 min)

Is the atmosphere in your team tense or safe and relaxed? Research shows that people's productivity and ability to act are strongly dependent on the mood around them. The three most important mood factors

## Course Outline

that maintain the employees' ability to work are appreciation, trust, and safety. In this tutorial, you'll learn how to create trust, positive atmosphere, and respectful interaction – present or online!

### **Leader's Future Skills: Leader's Problem Solving Skills, Smart-Tutorial (45 min)**

As a leader, you probably come across complex situations, conflicts, misunderstandings, and difficult emotions. Difficult situations in work life are often complex dilemmas and contradictions that have no simple solution. This tutorial helps you see difficult situations as learning opportunities. You'll learn to view complex situations from different perspectives, and understand the importance of listening and emotions.

### **Leader's Future Skills: Leader's Self-Knowledge, Smart-Tutorial (1h)**

One of leader's most vital skills is good self-knowledge. Good self-knowledge helps you control your behaviour and modify it flexibly. This tutorial dives deep into your self-knowledge and self-leadership skills. You'll become more familiar with yourself, with your actions, and your strengths. In addition, you'll understand your weaknesses, and learn ways to develop them. Before you lead others, start leading yourself!

### **Leader's Future Skills: Leader's Work Community Skills, Smart-Tutorial (45 min)**

How does your team work together? Positive work community skills promote profitability and improved customer service. A supervisor's good work community skills will also show in successful feedback-giving. In this tutorial, you'll learn to increase psychological safety in your team, develop your listening skills, and understand the importance of feedback and coaching.

### **Leader's Future Skills: Leader's Coaching Approach, Smart-Tutorial (30 min)**

Do you help others to succeed? The goal of a coaching leader is to act as an enabler of success, removing obstacles from the employees' way. The key benefits of coaching leadership include the organisation's improved ability to react and an increased motivation among the personnel. In this tutorial, you'll learn to make way for coaching, you'll understand its' common challenges, and most importantly, you'll develop as a coaching leader. Jump in!